Your Community, Your News

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Volume 135, No. 44

Tuesday, November 19, 2024

Manitoba Wildlife Federation Town Hall in Pilot Mound

Josh Wood La Riviere/Manitou Correspondent

The evening of November 7th saw the Kin Centre in Pilot Mound filled with outdoor enthusiasts as Mound Wildlife and The Manitoba Wildlife Federation put on a town hall meeting on the topic of "Threats to Licensed Hunters and Anglers." Previous meetings were held throughout the province with this one being the 9th stop and they have garnered significant interest from many different groups.

The Senior Scientific Director for the MWF, Rob Olson led the meeting with support from Senior Land Conservation Specialist Dennis Schindler. The meeting started with introductions followed by an overview of the MWF and current state of hunting and fishing in the province. Rob than began addressing the recent reduction of 75% of the moose hunting licenses in 4 of Manitoba's northern game hunting areas. This was done without consultation of interest groups and with haste this summer.

Pimicikamak Cree Nation has since filed an application for a court injunction, which is seeking to overturn the decision to issue the licences, alleging they violate its rights under provincial laws and Treaty 5, while the MWF allege the decision was not based on scientific data.



Rob Olson, Senior Scientific Director for the MWF, speaking to the crowd.

JOSH WOOD PHOTOS

Many members of the MWF were concerned about the lack of consultation with stakeholders in the decision to reduce licenses. It was made very clear that the MWF is not against Indigenous people or their right to fight for their rights with Rob saying, "We just don't feel the licensed hunter and angler community are being effectively engaged or included in the process."

Part of the evening was spent talking about Indigenous Protected and Conserved Areas (IPCA) (https://conservation-reconciliation.ca). This is an initiative from the federal government where as "IPCAs are lands and waters where Indigenous governments

have the primary role in protecting and conserving ecosystems through Indigenous laws, governance and knowledge systems." The MWF has many questions and concerns about these new conservation areas, as do many other stakeholders.

The overall purpose of the meeting was to educate the public, organize passionate outdoors people, gather information and push for the government to bring all stakeholders to the table. With the goal of helping the government to create shared management strategies and start expansive harvest surveys from all users.

The evening finished with the room open to questions with Rob and Dennis doing their best to answer. Many in the crowd expressed concerns with the current direction of fish and wildlife conservation in the province while also expressing a desire to get other stakeholder groups involved.

When Rob started the meeting, he stated that he "felt like this was the most important presentation of his career," a career that has spanned many decades and places in wildlife biology, politics and conservation.

I would encourage anyone interested in land use for any type of recreation to research IPCAs, send letters to government officials expressing your concerns and consider becoming a member

of your local wildlife club or conservation

organization.



Dennis Schindler, the Senior Land Conservation Specialist.



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Manitou Coffeehouse

JOSH WOOD PHOTOS



The first coffeehouse of the season put on by the Manitou Coffeehouse Musicians took place at the Manitou Opera House on Saturday November 9th.

Musicians of all ages and skill levels took part with both original songs and covers. Many familiar faces were glad to take the stage and perform for such an encouraging audience. Snacks and beverages were provided by donation with proceeds going towards the La Rivière CPR Station Depot Restoration.

A warm and encouraging crowd attentively enjoyed the evening.

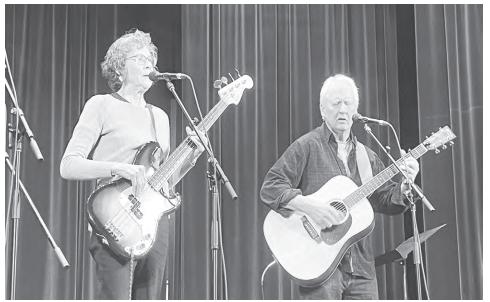




Will and James Sharpe with Charlie Howatt - Lighting up the room with impressive harmonies and top notch pedal steel.



Elvis (Jackson Hacault) closes down the show with Loretta Thorleifson on piano.



Mariette and Bill Howatt performing.



Dianna Vodden serving up snacks.

November is Diabetes Awareness Month



Nancy Holman

Crystal City Lions Club held a "Tag Day" November 14 at the Pembina Co-op food store in Crystal City to raise funds and awareness to support Diabetes Canada.

Two former nurses who have seen the hardships and damage diabetes can cause were manning the table: Lioness Pam King (left) and Lion Cheryl McKitrick.

Diabetes Canada is making the invisible epidemic of diabetes visible and urgent. Eleven million Canadians have diabetes or prediabetes.

Statement from the family of Murray Sinclair



News Release

Last week, Mazina Giizhik-iban (The Late Honourable Murray Sinclair) was laid to rest according to his wishes. He was given full Midewiwin funerary rites as the Western Doorway Chief and Road Chief of the Three Fires Midewiwin Lodge and returned to the earth on Thursday, November 7, 2024.

Although his physical time on this earth has ended, his spirit's work continues and he is now walking toward that beautiful place where he will be reunited with generations of loved ones who await his arrival.

We give thanks to the many relatives and friends from across Turtle Island who assisted on his journey home, including the thousands who visited and paid their respects at his sacred fire before it, too, completed its work on Thursday afternoon.

To us, our dad was a leader and teacher in our ceremonies but we also recognize that for innumerable others, he was also a leader in political, business and legal communities. Today's memorial service is a beautiful celebration of the depth and breadth of another

side of his work: his life-long commitment to human rights and justice, and his relentless pursuit of the truth.

Dad's career is of great importance to Indigenous and non-Indigenous communities, across the country and beyond. Everyone will have the opportunity to recognize the legacy of his accomplishments and tell him "Giga-waabamin miinawaa" (I will see you again).

As he is now free from pain and feeling nothing but joy, we encourage all to not look back in sadness but focus on happiness and the beauty of life and love. We know

he wants his work, our work, to continue.

Mazina Giizhik-iban's life has been a beacon of integrity and compassion. He called upon us to be kind to one another, to support young people in their search to know who they are and where they come from and to believe in truth and justice.

As we carry his memory forward, we are humbled by the love and respect shown to him and we thank all who have honoured his legacy with us.

For those who are able, in lieu of flowers, please donate to The Murray Sinclair Memorial Fund at The Winnipeg Foundation. Cards and messages can be mailed to the offices of Cochrane Sinclair 201-211 Bannatyne Ave, Winnipeg, MB, R3B 3P2.

Our family asks for continued privacy as we heal together at this time. With gratitude,

The Family of The Late Honourable Murray Sinclair

SUBMITTED PHOTO

The SMILE Company Variety Show

Pop Up Community Choir Lego & Art Club Displays SMILE Co. Drama Club

Admission: Silver Collection

Friday, Nov. 22, 7 p.m. Cartwright Centennial Auditorium

Sponsored in part by the Cartwright & Area Foundation

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SUBMISSIONS ARE WELCOME, BUT ARE NOT NECESSARILY THE VIEW OF THIS NEWSPAPER.





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Cartwright and District Early Learning Sends Best Wishes

SUBMITTED PHOTO

Cartwright and District Early Learning Cartwright celebrate Cindy Bergen and Debbie Argue with cake.

Cartwright and District Early Learning

Cartwright and District Early Learning staff and children enjoyed cake

and songs to wish Cindy Bergen and Debbie Argue best wishes and happiness in their new ventures as they leave their jobs as Executive Director and Cook at Cartwright daycare.

The Board convey thanks for their hard work and dedication for the years of service and

welcome Tori McGill as the new Executive Director. Tori is studying her Early Childhood Educator 3 under the mentorship of Carol Gardiner.

Royal Canadian Legion 200 Club Winners

The Pilot Mound Royal Canadian Legion Branch #62 would like to thank everyone for supporting our 200 Club draw.

The lucky winners of \$100 were: Harle Munro,

Glen and Margie Anderson, Dave Stiff, Jason Klinkhammer and Fraser and Lori Manning. June Evans was the winner of the \$500.

Mark Your Calendars for the Darlingford Christmas Market

Jennifer Ching-Faux Darlingford Correspondent

There's something for everyone at the annual Darlingford Christmas Market! Coming up this Saturday, November 23rd at the Darlingford Community Hall, this is your opportunity to start AND finish your Christmas shopping.

28 vendors will be selling everything from crafts, baking, Christmas puddings, poinsettias, stained glass, quilts, knitting and crochet items, pottery and woodworking. Home based

businesses like Norwex, Clara Clark, Tupperware, Pampered Chef and Discovery Toys will also be there to help you find the perfect gift for that hard to buy for person on your list.

The market is free to enter and there will be a rainbow auction with proceeds going to community projects. The event will run from 10 a.m. to 2 p.m., with soup and sandwiches by Chef Kevin Funk available for purchase. Saturday, November 23rd will be a can't miss day in Darlingford!



Westoba Collaboration MB Leadership Announcement First in Our Community

Media Release

Three Manitoba financial cooperatives whose members voted overwhelmingly to merge in June have announced their board of directors, chief executives and senior leaders for the new entity. Not surprisingly, it reflects the unique attributes that each bring to the merger.

The merger partners had always maintained the board and employees of the new entity would fairly and accurately reflect the talent and deep experience of Assiniboine Credit Union, Caisse Financial Group and Westoba Credit Union.

"We have spent the last few months making sure we will have the right leadership team in place that includes all of the senior leaders from the three organizations," said President & CEO Kevin Sitka. "If we're going to build the most uniquely Manitoban credit union, we'll need all the talent, experience and passion that got us this far."

Last month, Assiniboine Credit Union/ Caisse Assiniboine announced its board of directors will be chaired by Garnet McBurney, the former chair of Westoba Credit Union - a clear recognition of how important the rural and agriculture sector will be

to the new entity.

As well, the commitment to ensure that a minimum two of the 12-person board would be Francophone has been exceeded. In fact, 42 percent - or five out of 12 board members - will be Francophone when the merger is official on January 1, 2025.

Current President & CEO of Westoba Iim Rediger and Caisse CEO Joël Rondeau have joined the executive team reporting to Kevin Sitka. They will directly guide what will be a complex merger considering the size, geography and diversity of the three organizations.

Additionally, the leadership teams from Assiniboine, Caisse and Westoba have accepted positions at the senior leadership level in the new Assiniboine Credit Union/Caisse Assiniboine.

"I don't think we could have imagined a better team to lead us. I am very proud that the entire Caisse leadership that I've been working with all these years will be there with me as we create the new Assiniboine Credit Union/Caisse Assiniboine together," said Rondeau, Chief Strategic Project Officer of the new organization. "I'm inspired by the fact that at least 26 per cent of all the individuals who are on the board, executive and senior leadership

teams are Francophone."

The agriculture, rural and urban portfolios just got stronger with the combined leadership of Assiniboine, Caisse and Westoba, who have practical experience working in rural Manitoba, with farmers and small, medium and large agricultural and commercial businesses.

"When we look at the board, executive and senior leadership team, over 50 per cent of those individuals have lived in a rural community or have career experience in agriculture. This further confirms that this merger is the right thing for our members. Our combined leadership team has deep experience in this area that's going to benefit our membership and make a difference in our rural

and urban communities," said Rediger, Chief Strategic Project Officer of the new organization.

The new entity will have 216,000 members, \$9.6 billion in assets and the widest geographic reach of any credit union in Manitoba.

The merged organization will continue its dedication to work with partners for mutual benefit and the common good, dedicated to the International Co-operative Principles and the B Corp Declaration of Interdependence. We believe a merged credit union will

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disposal

levelling

Grading &

have even greater capacity to create value for our members and communities we serve.

"It is no surprise that the leadership team is well balanced. The leadership accurately reflects what each organization brought to the table in members, financial assets and experienced employees. We are all excited that they have accepted the challenge to build the most unique credit union in Manitoba," said Sitka.

For more information, please visit CollaborationMB.ca.





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The Hometown View Tuesday, November 19, 2024 5

Pilot Mound Fellowship Club Hosts Remembrance Day Luncheon



Following Pilot Mound's Remembrance Day service, the Fellowship Club served chili and a bun with dessert and your choice of tea, coffee or water all by donation.

CHRISTINE WATSON YEOMANS PHOTO

Funding for agroforestry and grazing management is now available.

Apply today to the Resilient Agricultural Landscape Program: Carbon Sequestration and Grassland Resilience.

The application deadline is December 12, 2024.

For more information, please visit manitoba.ca/scap





Minutes of the 23 October 2024 Regular Meeting

Present: Council Members Murray McIntyre, Bill McKitrick, John Darracott, Mike McLaren, Kyle McCannell, Travis Saban and ACAO Alicia Buydens. Apologies – Liana Vanwynsberghe.

NEW BUSINESS

- Payments totalling
- 222,810.24 were approved.
 The updated Road Cut and Tile Drainage policy was updated.
- A leave of absence for LUD Committee member Terry Edkins from 1 November 2024 to 31 March 2025 was approved. The LUD indemnity will not be paid for the months of November and December 2024 and January, February and March 2025.
- The Mound Wildlife Head Night event on 6 December 2024 at the Pilot Mound Legion Hall was designated as a Community Event.

DISCUSSION Manitoba GRO

Discussion to decide on a grant opportunity that falls within the grant guidelines. PMMRC Board to be approached to seek their support for solar energy project which will include the storage of power to use in emergency situations and aid the complex in being more energy efficient.

AMM Minister

Administration to email the Deputy Ministers office to request meetings at the AMM Convention with Minster of Transportation and Minister of Health.

Manitou RCMP

Detachment updated hours- Full time, Monday to Friday, 8 a.m.-4 p.m. admin personnel is now at the Manitou office.

Metal Detector

Administration to research cost for a replacement metal detector with the intent that it will be used internally only.

Snow 2024/2025

Administration to seek contractor interest to clear snow in Clearwater for the 2024/2025 winter season.

LIWM Operation Permit

Renewal to 16 October 2029 received from Minister of Environment and Climate Change.

Council Meetings

Discussion on changing Council meeting dates to accommodate AMM Convention and the holiday season.

Reports

CC Hall Board – fencing at back of hall, three hall boards to meet to discuss 3rd party liability policy

EMO Conference – positive feedback and won

1 free Conference entry for 2026

Pool – fencing meeting, landscaping to commence, clay fill being donated, sourcing of more fill, water and sewer are roughed in, windows and doors are still delayed, JP Autobody to paint doors, engineering of mechanical room doors to be inquired about

Pool & Rec – three fundraising events planned for the pool

PMMRC – Zamboni battery issues, potential of adding PMHA teams in future, rental rate review for groups within complex being worked on.

Safety Program report for September

Safety Advisor-PMMRC safety inspection report reviewed

Minutes

Works and Operations-9 October 2024

Louise Library- 17 September 2024

Correspondence

Municipal and Northern Relations- Departmental staff changes

Manitoba Hydro-Direct replacing 2 street lights in Pilot Mound Manitoba Assessment-

LUD unoccupied properties and 2023 assessment statistic report reviewed Crystal City Commu-

crystal City Community Well water system-Inspection letter and checklist

WRARS rebate- Jan-June 2024



UNDER THE AUTHORITY OF THE PLANNING ACT

NOTICE OF PUBLIC HEARING

Box 310, Crystal City, MB R0K 0N0 Telephone: 204-873-2591 Email: fina@louisemb.com

On the date , and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

By law: 20

Date and time:

General intent:

2024-19 being an amendment to Zoning By law 2022-09 as amended

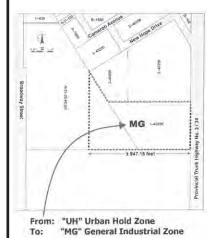
Hearing location: Council Chambers, Municipal Office,

26 S Railway Avenue East, Crystal City, MB 4 December 2024, 9 a.m.

To re-zone the hatched area as shown on the map below from 'UH'

Urban Hold to 'MG' General Industrial zone

Lot 1, Plan 40356 and Part of NE¼ 24-02-12 W, LUD of Crystal City



For information:

Alicia Buydens Chief Administrative Officer Municipal Office 26 S Railway Avenue East Crystal City

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours 8.30 a.m. to 4.30 p.m., Monday to Friday. Copies may be made and extracts take therefrom, upon request.

HOW'S THE WATER?



By Lloyd McTaggart, Common Sense Management



If you put a frog into a pot of boiling water, it will jump out. But, put the same frog into tepid water and heat it up gradually and the frog will stay in the pot until it is cooked to death.

This is an old "allegory" which illustrates

Let's Talk BUSINESS

Small business is the backbone of the Canadian economy and communities across the country. "Let's Talk BUSINESS" explores ways to help independent businesses grow and prosper. During his corporate business career, Lloyd McTaggart held a variety of management positions both domestically and internationally. His passion for working with independent business stems from his upbringing in Crystal City and from his own experience as a business owner/operator. He is now a semi-retired business consultant living in Kamloops, BC.

human behaviour in the face of gradual change or even gradual danger.

By the way, scientific tests have proven that: 1. If you put a frog into boiling water, it will die immediately. 2. A frog will jump out of gradually-heated water when it reaches a temperature of 25 C. or 77 F. However, never let the facts get in the way of a story that can be used in observing various situations.

This phenomenon has been applied to various aspects of human life. Just as the frog fails to recognize the danger of the slowly boiling water, humans may also fail to notice or respond to gradual changes in their life, leading to unintended consequences.

The frog's failure to escape the boiling water due to its gradual onset can be compared to human complacency in the face of incremental threats or problems. The story highlights the importance of being aware of subtle changes and potential dangers, lest we become like the frog, unaware of the impending harm until it's too late.

TEMPORARY TAX?

Perhaps one of the best examples of gradual change applies to all Canadians who pay taxes. Prior to 1917, there was no such thing as income tax. It was introduced as a temporary tax to help pay for World War I. Prior to 1917, the federal government's primary sources

of revenue were customs duties and excise taxes.

The Income War Tax Act was repealed in 1920 but income taxation continued as a permanent feature of Canada's tax system. I'll never forget the day I got my first pay cheque as an adult and saw the amount of money deducted for income tax. It wasn't a big shock of course but it did get my attention. Income taxes both personal and corporate - have grown gradually over the past 107 years. (Is the water feeling a bit warm yet?)

SUDDEN BUSINESS CHANGES AREN'T ALWAYS GOOD

I once worked for a paint company that wanted to establish a new look in retail stores; more of an uptown boutique look. I was placed in charge of one of their test stores in Winnipeg and spent time with the marketing people from HQ in Montreal to get the store all set up for this radical new (for Winnipeg) approach to selling paint.

The concept had been tested in both Montreal and Toronto and the head office was convinced it would succeed everywhere. A little background: In those days, Winnipeg was "wholesale land" and many people - at least when it came to paint - were always looking for a deal.

Many customers would walk into a paint store and ask what "their price" would be on a specific number of gallons. It was a long-standing tradition from the days Winnipeg as the gateway to the west - was a huge distribution centre for many things and thus had wholesale supply sources all over the place.

People were accustomed to buying their paint in a less-than-fancy place, which was much different than other cities. It showed by the response to a huge change like a boutique paint store. It failed miserably and they ultimately closed the store after I was (fortunately) transferred to Edmonton. The water was too hot for that frog!

In your own business, implementing changes in a gradual way is often a good way to proceed if conditions allow. Sometimes you have no choice, and immediate change can also be very beneficial. As long as you consider the impacts on your customers and employees, you can anticipate the impacts of your decision by considering what it do to your bottom line, now and in the future. The frog story can be a helpful thing to keep in mind when you're doing the planning.

QUOTE: "To improve is to change; to be perfect is to change often." - Winston Churchill





Greg Costen

A retired professional counsellor, Greg Costen is fuelled by Timmy's and does anxiety for cardio

Dear Therapist,

I have been married to a wonderful woman for 15 years. By all accounts, we love each other, have a good relationship and enjoy time spent together. About 12 years ago I had a very brief affair. The affair is long over and the woman has moved away. I have no means to contact her and genuinely have no interest anymore. The whole thing is dead to me. My wife has no idea about any of this. It was a one time screw up of monumental proportions. Here's my question: Should I tell my wife? Do principles of honesty and open communication about difficult topics mean I should let her know?

Signed, No Clue.

Ask the Therapist

In "Ask the Therapist" I tackle readers' counselling-related questions big and small, personal or general, by sharing how a therapist might think about your concerns.

If you are asking, "Who is this guy?", I am a retired military chaplain and have completed a master's degree in counselling as part of that role. I have owned/operated two private therapy clinics in southern Manitoba and have worked for several independent counselling agencies. I have a number of advanced certifications in sexuality counselling.

Dear No Clue,

Tricky one for sure. No one is going to argue about the value and necessity of open and honest communication in a marriage but the risk factor of your situation means it should be looked at more closely.

First things first: If this affair truly feels like a thing of the past to you, then I'll take that at face value. If I were your therapist though, I would explore whether you have taken any steps to address the internal psycho-emotional conditions which led to the affair in the first place. In other words, if it happened once, have you done any personal work to ensure it doesn't happen again?

Now, to your question. My mind is jumping to the matter of motive when you consider confessing to your wife. Why do you want to do this? Is it to relieve personal guilt?

Is it because you sense it is the right thing to do? Is it because working through difficulties might strengthen your relationship? Is this about your wellbeing or is it about the wellbeing of your wife and your relationship? Whose needs would confessing serve?

Being something of a pragmatist, I also want you to ask yourself these questions: Are you prepared for this to go south and lose your wife? Might this do irreparable harm to her? Can you tolerate your currently picturesque relationship becoming one that is stressed, angry, emotional and volatile, likely for a long time? What is the ratio of potential gains to potential losses? Would disclosing this serve your wife or would it destroy her over a mistake from a long time ago?

I am not a 100% believer in honesty being the

universally best policy. Privacy is an important principle that enables relationships to function in positive ways they couldn't if every failure and piece of baggage from childhood to adulthood was on the table. Sometimes bringing up dirt does nothing but makes things dirty.

This is a clear situation where the therapist is not going to tell you what to do. If I were you, I would give long hard thought to the questions I have posed above. I would see a marriage counselling professional to gain both general insight as well as specific insight into your inner world and why you were capable of being unfaithful to someone who appears to be wonderful.

As you make your decision, I encourage you to put the wellbeing of your wife and your relationship first, not any sense of your own needs or

In Memoriam RIENOLD HOLENSKI August 22, 1938 - November 19, 2023



You have left our lives, but you will never leave our hearts. We miss your laugh and sense of humour every time we gather as a family without your presence.

In loving memory of a truly wonderful husband, father, grandfather and ggpapa as well as a friend to many.

With love from all your family, Wendy, Gail and Rod, Kevin, David, Amber and Adam, Louise and Rosa, Cathy and Mark, Connie and Wayne, Diane and Bim, Rabin and Khetan, as well as nephew Norman and Tracy Pappel and family.

wants. There will be, without question, an immense cost to be borne by your wife and by your relationship if you choose to tell her. Is foisting that cost on your wife fair to her?

Tread lightly, tread slowly, tread thoughtfully.

Please submit your therapy-related questions to gmcosten@gmail.com with "Dear Therapist" in the subject line.

Christ Church Anglican - Cartwright

Submitted by Jeanine Turnbull

A service was held November 10th. We were celebrating Remembrance Sunday, the second Sunday in November that is set aside for Remembrance Day and commemorating the sacrifices of all during wartime. Parts of the sermon were as follows: For He is our hope and our helper no matter what the circumstances of the world around us may be. We are told anyone who approaches Jesus will not be driven away. In other words, whoever decides to follow Jesus will be welcomed by loving arms. For we have all sinned and fallen

short. We all have reason to worry about not being good enough. But Jesus reminds us today that we can always turn back to him in repentance.

Today is a reminder in particular that those we lost in wartime, their story is not over. Even in the midst of so much suffering and loss there is still hope. And for some of us this can be hard to hear and as difficult as it is to find hope, the resurrection is still promised on that last day. The comforting arms of Jesus are still surrounding us as we hold time today and on the official Remembrance Day to mourn and to remember.

Our next service will be 9 a.m. on November 24th and all are warmly welcomed.

Somerset Bible Chapel

Submitted by Isabel Acheson

Sunday, Nov. 10 Rachel Picard did the announcements and the scripture reading -1 John 3:11-24. Erik Picard was usher. Kevin Friesen led the worship service, doing music and Prayer Focus.

The music included "Open The Eyes of my Heart," "Come Thou Fount of Every Blessing," "Yes, I Will," a video of a Brian Doerkson song "Creation Calls," "What He's Done," "His Mercy is More" and in closing, "The Love of God."

Rick Ross did the exposition of 1 John 3:11-24. "The only person who can truly love a Christian because they are a Christian, is a Christian. Others may love you for other reasons but not because you are a Christian."

In verses 11-15, John reminds readers that love has been a message since Creation and reviews the Cain and Abel incident of Genesis 4. Love for the brethren is an evidence of having eternal life.

Verses 16-18 describe Christian love farther with practical examples.

The final section of the chapter vs 19-24 show the connection between

Knowing the Truth, having a conscience trained by the presence of the Holy Spirit, pleasing God by keeping His commandments and showing love to others. Verse 22 led to a comment on effective prayer being hindered by hostility towards another until the matter is resolved.

The sermon closed with prayer. The service closed with Rick reading Ephesians 2:8-9 (being God's workmanship) and a closing prayer.

Mission of the month: Millar College of the Bible: campuses in Winnipeg, MB (Evan Unrau), Pambrun, SK (Rebekah Peacock), and Sunnybrea Campus, Tappen, BC. Praise and Prayer items in Nov. bulletin.

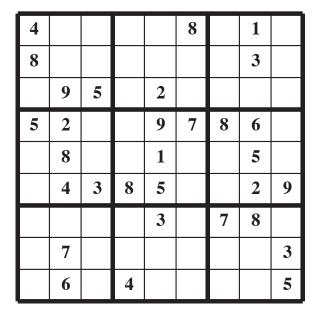
At 7 p.m. on Friday evening Nov. 15th, two staff members from Creation Ministries International will be presenting "A Tale of Two Histories" and "What the Bible and Science say about the Age of the Earth." Watch for posters.

These speakers will present "How We Got the Bible" at the men's breakfast Saturday the 16th.

Monthly bulletins and previous reports are available on the website www. somersetbiblechapel.com.



Easy 0.33





Check our website for any last minute changes.

www.tivolitheatre.ca

Blending Science and Natural Medicine



Dr. Abbie Gardiner, a Naturopathic Doctor (ND) is located in Carman, MB.

SUBMITTED PHOTO

Nancy Holman

Not feeling well? ...take a pill; got an aching muscle...take a pill; can't sleep at night...take a pill...

Medical advances since the Second World War, like in surgical techniques and the introduction of antibiotics, plus the rampant growth of the pharmaceutical industry, moved health care away from a more natural approach. The advances save lives, no doubt, but many people are wondering about improving their health and coping with day-to-day stresses through more natural approaches.

Naturopathic medicine is becoming more and more popular and mainstream, however there may still be misconceptions as to what naturopathic medicine is.

Many believe it's one (conventional medicine) or the other (naturopathic medicine). But Dr. Abbie Gardiner, a Naturopathic Doctor (ND) based in Carman, Manitoba, describes naturopathic medicine as

GARDINER NATUROPATHIC

WELLNESS CENTRE

a "health care system that blends the knowledge of modern science with traditional, natural medicines" and believes that the best care comes from an integrative approach, which includes a multidisciplinary team of practitioners.

Dr. Gardiner explains that she has had a positive experience working with medical doctors and nurse practitioners in southern Manitoba, co-managing patients.

Naturopathic treatments include diet and lifestyle recommendations, supplementation including vitamins, minerals and herbs. It also includes acupuncture and physical medicine such as massage and spinal adjustments.

Dr. Gardiner assures, "With a wide variety of treatment modalities we are able to individualize care for our patients to get them back to feeling their best." The primary goal of a naturopathic doctor is to determine and treat the underlying cause rather than simply

managing or suppressing their symptoms.

When asked what made her want to become a Naturopathic Doctor, Dr. Gardiner recalled, "My first experience with naturopathic medicine was as a patient myself. I was exhausted all the time and although I went through much testing and tried different medical interventions, it wasn't until I saw a naturopathic doctor and tried naturopathic treatments that I began to have energy and feel more like myself again. I was inspired by how I felt and by the knowledge my naturopathic doctor had. I wanted to educate others on how to make changes to their lives so they too could feel good in their body."

The training to become a naturopathic doctor is rigorous. It requires a four-year undergraduate degree followed by a four-year post graduate naturopathic medical education. Dr. Gardiner completed her naturopathic medical training at the Boucher Institute of

Naturopathic Medicine in British Columbia.

Naturopathic medicine is a regulated, licensed profession in Manitoba, governed by the Manitoba Naturopathic Association. This is important, as it means ND practitioners must follow very specific guidelines and safe practices in order to safely treat and protect the public

public. Abbie Gardiner, the daughter of Earl and Louise (Fallis) Gardiner, grew up in Killarney and Morden; her grandparents were in Clearwater and Crystal City. After obtaining her naturopathic medical training in Vancouver, British Columbia, she and her husband decided to move back to Manitoba to raise their two daughters in a rural community, close to family.

She opened Gardiner Naturopathic Wellness Centre in Carman in 2021 with the vision of creating a place for women to be cared for, listened to and supported on their health journey. Abbie stated, "It's my mission to educate women on their bodies, to empower them to take control of their health and start feeling like themselves again."

Dr. Gardiner agrees that there are some misconceptions as to what naturopathic doctors do and the myth that they are not science-based.

To that she remarked, "As a naturopathic doctor I pride myself on being an evidence informed practitioner, meaning I use the most up-to-date research in combination with my clinical experience to make informed decisions for patient treatment plans." She further added that her initial naturopathic appointments include an hour long consultation with an in-depth discussion on the patient's health concerns and their past medical history. "We typically run blood work to analyze their physiology, and determine a diagnosis before initiating treatment."

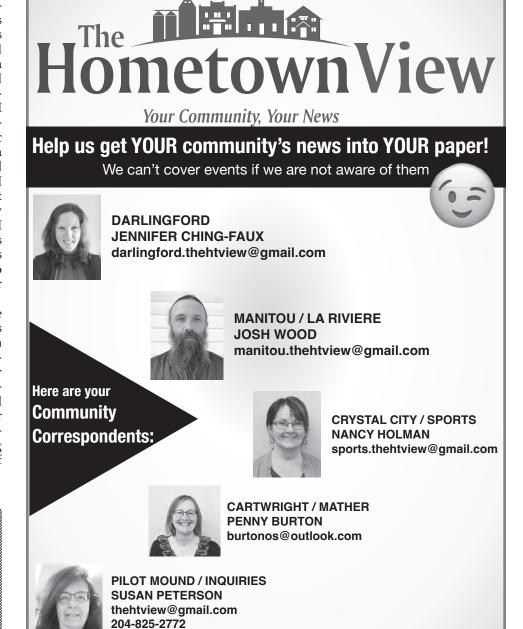
Common concerns she sees in her practice include fatigue and burnout; poor sleep; premenstrual symptoms; difficulty losing weight; challenges with fertility and support during pregnancy/postpartum; peri-menopausal symptoms; and gut related

issues.

Similar to medical doctors and nurse practitioners, naturopathic doctors have access to ordering blood tests to assist in diagnosis and to guide/evaluate the progress of treatment and this is an assessment tool Dr. Gardiner uses with most of her patients.

Dr. Gardiner, focuses her naturopathic practice on disease prevention and health promotion, assessing the whole person in front of her. She explains that a patient's physical symptoms, their mental/ emotional well-being, their sleep, mood/stress levels and nutrition status all play a role in their health and that "everything in the body is interconnected and thus, to get lasting results, we must treat the whole person".

With the increased interest in naturopathic medicine, Dr. Gardiner, ND says she's excited to have other naturopathic doctors in the area, including Dr. Nicole Krapp, ND in Roland, Dr. Victoria Baldwin, ND in Winkler and Dr. Jayden Dobson, ND soon to be in Manitou.



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Leaving A Legacy Of Hope

PHIL FRIESEN RETIRES FROM THE GLOBAL AGRI BUSINESS HE FOUNDED



Lori Wheeler Strategist and Special Projects PhiBer Manufacturing

Phil Friesen was an award-winning dairy farmer in Southern Manitoba whose emphasis on quality hay and genetics made his dairy herd one of the top producing herds in the province.

He eventually sold the herd and focused on growing high-quality hay and straw for Ag producers in Western Canada and the Midwestern United States. This led him to Wisconsin where he observed ginseng growers laboriously spreading straw from small bales over their light-sensitive crops. Phil has always been an inventive, goal-oriented person but he had never been a manufacturer. His desire to support his straw customer in Wisconsin led to a connection with Harv Bergen who skillfully built a strawhandling prototype.

That prototype created a business opportunity in a niche ginseng market, that never quite turned out as hoped but it was enough to launch a manufacturing business that Phil and Harv cofounded, as the name suggests, "Phi" (from Phil) and "Ber" (from Bergen) PhiBer Manufacturing.

That first year in business, 1996, was not easy. The two men would attend trade shows and

enroute to the show, would drive onto farmer's yards to see if they could drum up interest in their haying and baling products. A few sales were all that were needed to keep them afloat in those early 'sink or swim' days.

Since those exciting, discouraging, difficult early days, PhiBer Manufacturing has grown into a company that does business across Canada and into the USA, Europe and beyond. It has over 85 employees and will soon expand into another manufacturing facility to accommodate demand.

Phil's son Derek joined the business in the early 2000s and launched new product lines that include the DASH spraying system, which has accelerated growth far beyond Phil's original vision. Most of these new products are sold in a unique direct-toconsumer system, that enables PhiBer to remain close to the end user, keeping them nimble and adaptive.

Phil made the decision this summer to retire and step away from day-to-day operations at Phi-Ber Manufacturing. He will remain involved in special projects and in supporting sales both in Canada and abroad.

He now finds it extremely rewarding to attend trade shows, not only with his son Derek but with his granddaughters who know the products well and can effectively promote and knowledgably address prospective customers' questions as their dad and grandfather have done for years previously.

Derek is now officially the sole shareholder of PhiBer Manufacturing. Phil reflects that as he watches the talents, drive and execution of the younger generations, that he is at peace and is proud he was able to cofound a business to support farmers that will be carried on into the future by his family.

Derek and the capable team at PhiBer are developing both products and markets that neither Phil nor his former business partner could have dreamed of 28 years ago. The Drone Carrier, for example will

fill, recharge and transport sprayer drones that will spray crops faster and easier than ground sprayers ever could.

The level of autonomy that PhiBer-built equipment has under development will minimize operator involvement altogether. Farming of the future will look very different.

There are things that will not change though – the Friesen family's appreciation for their staff, their emphasis on creating practical products that exceed customers' expectations and the solid values from which Phil Friesen and Harv Bergen founded the business.







The deal is done as father and son shake hands.

Louise Aquatic Centre Trivia Night

LEXINE LEBLANC PHOTOS

Submitted by Julie Weselowski **Fundraising Chair**

The Louise Aquatic Centre fundraising committee hosted a very successful Trivia night on Friday, November 1st! We had a fabulous turn out, hosting 18 teams with a total of 125 people participating.

The energetic host (Kent Lewarne) led the teams through 8 rounds of trivia ranging from topics that included history, local trivia, beer, music, Tom Hanks, Manitoba wildlife, current events, etc.

Throughout the evening teams participated in a variety of other games to get them out of their seats and moving around. Laughs echoed throughout the hall all evening!

Congratulations goes out to "Strokes of Genius" - a perfect combination of professionals made up this smart team (doctor, paramedic, accountant, teachers, farmers, etc). The winning team took home the candy cup and earned the bragging rights that come with winning trivia.

We would like to thank all those involved that made this evening successful - raising over \$4400 for the new pool. ■



▲ The winning team "Strokes of Genius" and Louise Aquatic Centre committee members are L-R: Jayden Dobson, Paul Thorleifson, Bronwen Dobson, Ruth Loney, Julie Weselowski (LAC), Kelsey McLaren (LAC), Grant Shewfelt, Chris Hildebrand, Derek Schott and Brooklyn Schott

18 teams of 4 to 8 players filled the hall for a fun night of trivia and other games. There were three big screens places around the hall for eveyone to see the questions.





Each team chose a "runner" to get their answer sheets up to the score keepers, Karen Lewarne and Sheila Sentner at the table. The faster your team hands in the answer sheet the better! Here Jen Wilson and Riley Bell arrive in a





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The Hometown View Tuesday, November 19, 2024 11

Remembrance Day Service in La Riviere





Josh Wood La Riviere/Manitou Correspondent

Around 70 people attended the Remembrance Day service in La Rivière on the 11th. Kim Wiklund led the service thanking those in attendance while also thanking the men, women and families who made the ultimate sacrifice for our country's freedom.

After the national anthem was sung, Debbie Booker read a poem titled

"Our Boys" written by Elizabeth Horn followed by a prayer. The Last Post was then played and two minutes of silence were observed.

The service concluded by laying of wreathes and poppies at the base of the La Rivière-Snowflake War Memorial. Coffee, tea, hot chocolate and dainties followed at the Blair Morrison Hall where a display of local military items, documents and pictures could be perused.







Doors open an hour before performance Rush Seating

\$20 - Adults \$10 - Youth (17 & under) Tickets available at the door or at CC Bistro

Saturday, Dec. 7 - 7:30 p.m. Sunday, Dec. 8 - 2 p.m.



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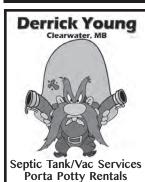
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EVENTS

EVOLUTION OF AN ARTIST: Karen Potter display at United Community Arts, Pilot Mound until the end of November during Louise Library Hours.

HOME TOWN HONG KONG HEROES:

Display at Pilot Mound Museum 213 Lorne Ave, from now until the end of December. Wednesdays & Saturdays 2-4 p.m.; Tours upon request.

La Rivière & Community Recreation Centre Weekly CRIB WEDNESDAYS starts Nov. 6th 1:30-3:30 p.m., \$3 drop in fee. No crib November 20. Starts back up on the

FREE BINGO: Fri. Nov, 22, 2:00 p.m. at the Manitou Kinsmen Centre.

THE SMILE CO VARIETY SHOW: Fri. Nov. 22 7 p.m. Cartwright Centennial Auditorium. Community Choire, Lego & Art Club displays, SMILE CO. Drama Club. Silver Collection. Sponsored by Cartwright & Area Foundation.

BLACK FRIDAY IN THE MOUND: Fri. Nov. 22. For participating businesses and store hours please see ad p. 3 EC

MANITOU COFFEE HOUSES: Sat. Nov. 23, Jan. 18, Feb. 22, Mar. 22, 7:30-11:00 p.m. All are welcome. For more information call 204 242-2531.

DARLINGFORD CHRISTMAS MARKET November 23, 10 a.m. - 2 p.m. in the Darlingford Community Hall. Free entry, lunch available for purchase and a Rainbow

MOUNDETTES MINI MALL: Sun. Nov. 24, Pilot Mound Kin Centre. 11 a.m. - 3 p.m. Free admission; soup & sandwich counter, Silent Auction and Door Prize.

PILOT MOUND & AREA FOUNDATION'S GRANT PRESENTATIONS: Sun. Nov. 24, 1 p.m., Pilot Mound Kin Centre (During the Mini Mall).

WREATH MAKING CLASS instructed by Kelly Morrow: Thursday, November 28, 7:00 p.m., Kin Centre, Pilot Mound. Age 16+. \$50/person. To register, or for any questions, contact the Rec Office: 204-245-0680 or louise_rec@ hotmail.com S

MANITOU CHRISTMAS MARKET: Nov. 30, Manitou Opera House 1 - 5:30 p.m.

MANITOU COUNTRY CHRISTMAS: Nov. 30, Manitou Opera House, 2-4 p.m. Visit with Santa, enjoy hot chocolate and tree trimming, and if weather permits, a John Deere D Antique tractor drawn ride. See ad p. 10

HEALTHY BABY: December 2, January 6, February 3, March 3, April 7, May 5 and June 2. Begins at 10:30 a.m. each day. Free program for those pregnant or a new parent, but all ages always welcome!

ENTERTAINMENT BY CAM HARTLEY AND ART HARMS: Wed. Dec. 4, 3:30 p.m. Crystal City Friendship Centre. Sponsored by Louise Community Support Services.

CCIS HOLIDAY PARTY & COMEDY NIGHT: Sat. Dec. 7, Cartwright Centennial Auditorium. Cocktails: 5:30 p.m.; Turkey supper: 7 p.m. Comedian (Dean Jenkinson) to follow. Tickets ordered by Oct 31: \$65 individual or table of 8 \$60 each. After Oct 31 \$70. Tickets: Sean 204-825-7818; Kristy: 204-371-7461; Cassie: 204-245-1244 or Brittney: 204-825-0137.

AN ENCHANTED BOOKSHOP CHRISTMAS: Sat Dec 7, 7:30 p.m.; Sun. Dec. 8 2 p.m.Parklane Theatre, Crystal City. \$20/Adults; \$10 U18 Tickets available at the door or CC Bistro. Doors open 1 hour previous to show time.

∠ MEETINGS

DARLINGFORD PEMBINA HERITAGE AGM: Tuesday, November 26th at 7:00 p.m. in the museum basement. All welcome to attend.

MANITOU CURLING CLUB AGM: Mon. Dec. 2, 7 p.m., Manitou Curling Club. All members welcome and encouraged to attend. See ad p. 18

SPORTS/ RECREATION

CLEARWATER WILDLIFE CLUB HEAD MEASURING NIGHT: Mon. Dec. 2 Clearwater Curling Rink. Must have tags. Youth & adult prizes. Door prize and gun raffle. 204-526-8686 for more information.

MOUND WILDLIFE BIG BUCK NIGHT: Fri. Dec. 4, Pilot Mound Legion Hall 6 p.m. Trophies & prizes. Entries accepted no later than 7:30 p.m. \$10 with a head entry fee, must have tags; \$5 without a head entry fee.

HATHA YOGA,

Mondays: 7 p.m. 'til Dec 8, PM Fellowship Club; \$92/8 weeks; \$15 drop in fee. Saturdays 9 a.m. 'til Dec 11, Harvest Moon Centre, Clearwater \$92/8 weeks; \$15 drop in fee.

PICKLEBALL: Tuesdays 'til December 3, 7 p.m. PMCI Gym. \$35 for 8-week session or \$5 drop-in fee/night VOLLEYBALL: Wednesdays 'til December 4, 7 p.m.,PMCI Gym. \$35 for 8-week session or \$5 drop-in fee/night HALL WALKING: Tuesday and Wednesday evenings, 7 p.m. 'til December 4, PMCI. \$2 drop-in fee per night. Must wear clean, indoor shoes

WEIGHTS AND BANDS: Mondays & Thursdays 10:00 a.m., PM Kin Centre, Mon. Nov. 18 - Thurs., Dec.19. \$25 for once/week or \$50 for twice/week.

PLAY GROUP: Wednesday mornings 9:30-11:30 a.m. beginning November 20 at the Recreation Office. Free for families to attend.

KIDS SENSORY NIGHT: Thursday evenings 6-7:30 p.m. beginning November 28 at the Recreation Office. Free for families to attend.

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WEEKLY TAI CHI: Mondays starting Oct. 21, La Riviere & Community Centre, 10-11 a.m. \$2 drop in fee.

PROVINCE-WIDE

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Do You Remember?

Compiled by Vicki Wallace from Southern Manitoba **Review files**

November 11, 1954

Mr. Harvey Simpson was installed as an Elder of the United Church.// Mr. and Mrs. Alf Lees and the boys are moving into the Wm. Steel house.// Mr. John Moore went to Deer Lodge Hospital last week.// Mr. H.A. Lanchbery celebrated his 39th year of business in Cartwright.// Larry Campbell, twin son of Mr. and Mrs. Hugh Campbell, underwent an operation for appendix.// North Star Oil has built a new warehouse and loading

platform.// Mather: Mr. and Mrs. Glenn McLeod have taken up residence in the Roy Groff house.

November 12, 1964

Turkey shoot at Joe Moseyuk's.// Brian McElroy drove his car through the plate glass window of Davidson's Drug Store.// Installation of the artificial ice plant at the curling rink is progressing.// Isabel Wallace received a Golden Boy provincial good citizenship award.// A bridge over the Asssiniboine north of Glenboro is being built at a cost of \$240,000.// Mrs. W.E. Robertson died Nov. 2nd. November 14, 1974

Mr. W.G. Waldie was

one of six Manitobans

receiving Good Citizenship awards.// Mr. and Mrs. Gordon Holmes celebrated their 25th anniversary at La Riviere with friends and relatives.// Mylor: Mr. Henry Friesen of Russia is visiting his sister and brother-in-law, Mr. and Mrs. Kornelius Krahn.

November 14, 1984

Mrs. Betty Ellison and Mr. Bill Waldie are visiting their brother-in-law and sister, Mr. and Mrs. R. Hawes in Vancouver.// Mrs. Eleanor McFadden of Vancouver and Mrs. Irmgard Fuchs of Winnipeg visited their mother, Mrs. R. Ganske at Killarney, and Ron and Pat Ganske and Aleta here.

November 15, 1994

Emma Ganske was still picking flowers from the garden on Nov. 10. By the 14th there was a change in the weather with snow.// A skunk shot in Mather tested positive for rabies.// Many sloughs have a muskrat home in them this year.// Jack and Anne Boxshall will keep Rock Lake Store open through the winter.// The Mather UCW giant Christmas card is celebrating its 25th anniversary.

November 16, 2004

Argue's Store is celebrating their 35th anniversary.// The annual Remembrance Day observation was held

at the Cenotaph. Jory Mullin recited his poem written last year for the Legion contest. Denise Livingstone and Sarah Enns sang "In Flanders Fields."// Bill Bramwell and JoAnn Freeman were the first volunteers to work in the newly renovated rink canteen.// South Derby news correspondent, Mary Dobbelaere is retiring, now that she is a townie. Mary took over from Ines Caul 29 years ago.// Mather: Jason Hylsop was in Red Deer, AB for a trade show where he displayed his miniature farm toys.

November 20, 2014

The Clippers roster includes goalies Kelly

Manikel and Curtis Lovett; Tyson Martens, Levi Ferguson, Brody Mullin, Nick Riglin, Taylor Bramwell, Sean Haight, Keifer Johnston, Tyler Wallace, Tony Partridge, Drew Haight, Callum McDonald, Scott Gurski, Tyler Riglin, Justin Martens, Tyler Harris, Connor Drewry, Wade Haight, Tanner Fluker, Glen Young, Jaret Martens, Derek Maxwell all having played at least one game so far this season.// Ruth Stewart, 99, died at Killarney. The Stewarts had a home at Lorne Lake for many years.



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CLEARWATER STREETS AND BACK LANES- COMPRISING OF:

- •10th Street North, 10th Street South, 11th Street South
- •12th Street North, Queen Street, King Street, Vale Street, area around water treatment plant, back lanes between 10th & 11th from Boundary Trail to King, back lanes between 11th & 12th from Boundary Trail to King
- •If required, the 10th Street North extension for the Johnson subdivision.

Contractor to provide own equipment, fuel and be responsible for repair and maintenance of equipment. Application should state hourly rate charged.

Please submit written applications by 12 noon, Friday, November 22, 2024 to: Alicia Buydens, CAO

Municipality of Louise Box 310 Crystal City, MB R0K 0N0 email cao@louisemb.com

CLUES ACROSS

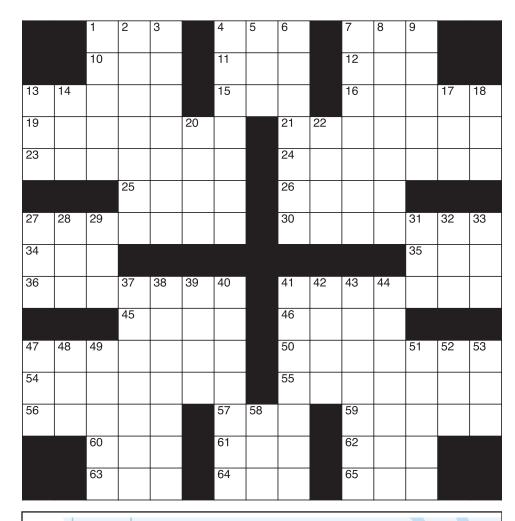
- 1. Defunct airline
- 4. Beverage container
- 7. A team's best pitcher
- 10. Unit of liquid capacity
- 11. It comes before two
- 12. Male child
- 13. Type of wheat
- 15. One's mother
- 16. Upper side of an organism
- 19. United is one
- 21. Extraction process
- 23. A being with lesser divine status
- 24. People living together in a community
- 25. Luxury automaker 26. This (Spanish)
- 27. Semitic language
- 30. Period for a defined
- purpose 34. Wander aimlessly in
- search of pleasure 35. Up in the air (abbr.)
- 36. American marsupial
- 41. Decadent dessert
- 45. Aquatic plant
- 46. About aviation 47. Summer footwear
- 50. Rugged mountain
- 54. With tin

- 55. Cut on the surface of a hard object
- 56. Wrapped in cloth 57. Defensive nuclear
- 59. "American Idol" con-
- testant Clay 60. Midway between east
- and southeast 61. Court decision "__ v.
- 62. Born of 63. Soviet Socialist
- Republic 64. Actress __-Margaret 65. Not even

CLUES DOWN

- 1. Heat unit
- 2. Faulkner, American
- 3. Guatemalan town
- 4. Of funny things
- 5. Actress __ de Armas
- 6. Agents of one's downfall
- 7. Takes forcibly
- 8. Body lice
- 9. Large nest of a bird of
- 13. Unhappy
- 14. Popular holiday dessert
- 17. Habitual drunkard

- 18. Used of a number or
- amount not specified 20. Complications
- 22. Fail to win
- 27. Before the present
- 28. Musical genre
- 29. Flurry
- 31. 007's creator
- 32. Indiana Pacer Toppin 33. Midway between
- north and northeast 37. Feeling
- 38. Damage another's reputation
- 39. Mottled citrus fruit
- 40. Beauty product
- 41. They man first, second and third
- 42. Harness
- 43. Herb
- 44. Expressed concern
- 47. Mississippi scientific area (abbr.)
- 48. Consumed
- 49. Nostrils
- 51. Gathered fallen leaves
- 52. Express good wishes 53. Monetary unit of
- 58. Japanese Buddhist festival



SEE YOU AT THE

Sunday, November 24 Pilot Mound Kin Centre

Hometown View Subscriptions make a GREAT GIFT for any occasion, any time of year!

> PRINTED \$65 ONLINE \$35 **COMBO \$80**

The Hometown View 16 Tuesday, November 19, 2024

MANITOU

From the Files of the Western Canadian

70 Yrs. Ago Nov. 11, 1954

The new 40,000 bushel Federal elevator at Darlingford is nearly completed.// Temperatures for the past ten days have been in the 50 - 60 degree range.// Darlingford: James Gordon Barclay, 68, passed away Oct.30 in Edmonton.// Weddings: Cynthia Doris Williams and Melvin Neil McCulloch, on Oct. 2; Joyce Sims and Mac Creith on Oct. 23.

60 Yrs. Ago Nov. 12, 1964

A 40 x 124 ft. L-shaped extension is under construction at Canada Packers Manitou Hatchery. It will be used as a turkey broiler hatchery and aims for 10,000 poults per week.// Observing their 51st wedding anniversaries are Mr. and Mrs. Arthur Claude on Nov. 12 and Mr. and Mrs. Walter Rendall on Nov. 17.

40 Yrs. Ago Nov. 14, 1984

Legion scholarship winners are Loriann Clayton and Leah Tait.// Deaths: John Wesley Cook, 92, who was born near Manitou.// Weddings: Shannon Esler and Glen Holenski on Nov. 10.// Bev Vivian has returned from a 12 day trip to Australia.

30 Yrs. Ago Nov. 15, 1994

John and Agatha Young celebrated their 60th wedding anniversary (actual date Dec.5) with thirty-eight attending, including all five of their children and spouses and seven of their eight grandchildren.// Legion member Bert Hall gave the message this year at the Remembrance Day Service in Manitou.// Earl and Ivy

Cobb celebrated their 50th wedding anniversary.// Shannon Hildebrand graduated from Herzing College in Winnipeg after completing a Computer **Electronics Technology** course.

20 Yrs. Ago Nov. 16, 2004

A large crowd attended the Remembrance Day Service at the Manitou Opera House. Rev. Alvin Jacobs giving the message this year, with special music by Judy Pringle.// Jenna Moffatt of La Riviere won a youth essay contest, sponsored by Westoba Credit Union, entitled "Youth - The Future of Co-operation."// The La Riviere Rec Centre received a generous donation of \$4,886.94, the profit realized from last summer's La Riviere School Days Reunion.//

Lewis Mueller took part in ceremonies with the '59 Braves and '60 Warriors at the Winnipeg Arena as part of the "Thanks for the Memories" tribute to mark the arena's closing.

10 Yrs. Ago Nov. 18, 2024

Rod Hunter graduated from Nellie McClung Collegiate and joined the Canadian Armed Forces in 1971. He did two United Nations tours in Cyprus and one in the Sinai Desert. He was the guest speaker at the annual Manitou Remembrance Day Service.// After the retirement of Rev. Laurie Simpson, who served for many years as chaplain of the Manitou branch of the Royal Canadian Legion, members welcomed Chris Lea to this position.// NMC grade 11 and 12 students toured



Legion Scholarship Winners Loriann Clayton and Leah Tait

ANY LENGTH . . . WIDTH 26, 38, 40, 51, 53 FEET

George Coulthan

MULTI-PURPOSE CURVET

cost building for shop machinery. 38' and 40 model stores grain. Length unlimited,

the Canadian Museum of Human Rights.// Pembina Valley Honey, Garlic & Maple Syrup Festival committee handed out grants to the Darlingford Hall (\$500), the Log House Tourism Centre (\$500), the Manitou Fire Dept. (\$750) and the Manitou Opera House Accessibility Project (\$750).

PILOT MOUND & CRYSTAL CITY

Down Memory Lane

Compiled by **Nancy Holman**

November 25, 1954

Bob McKay of McKay's Garage, Pilot Mound, was presented with a wrist watch from Allis-Chalmers Co. for having recorded the largest increase in sales in any one month of 1954 in the machinery company's Manitoba division.// "Neighbor Night," sponsored by Wood Bay, Pilot Mound and CC Pool Elevators, together with Louise Consumers Cooperative, will be an entertaining evening. .// CC Village council: Davis, Worden moved that in future, arrangements for digging graves in CC cemetery be made at the Municipal Office.// Merle Gardiner wed Gordon McGill, both of Clearwater.// The almost completed new rink at Clearwater was flattened by high winds.// The new CC Recreation Hall opened with its first event: the Jaycees Dance on Monday, November 22, with the Royal Canadians orchestra and Alex Shields on the microphone.// Many sports fans will have their attention focused on radios as Edmonton and Montreal do battle for the Grey Cup.// The first meeting of the Pilot Mound 4-H Calf Club was held in the Ag office with 19 members present. Leaders are George McLean and Frank Wilson, president Jack McKay, club reporter Bruce McLean.

November 26, 1964

A few locals found th An electric organ has been donated to the new Prairie View Lodge. Canvassing for donations for furnishings for PVL are going well.// Record Price Paid at Final Fall Sale: 30 cents per pound was paid for a 550 pound Hereford bull calf by Jerome De Spiegelaere. The calf belonged to Stan Henderson of Pilot Mound. A total of 180 head were offered for sale on Saturday, completing the most successful season on record at the Pilot Mound sales ring. South-Central Auction Sales directors will hold a dinner meeting at the farm home of Hank Churchill.// Mr. & Mrs. Roy Daly of CC celebrated their 55th wedding anniversary.// The Lions Senior Citizens Den opened in CC.// Mrs. Anne Tripp and Kevin are now residing with Mr. & Mrs. C. Vanderburgh. Anne has joined the nursing staff at Pilot Mound hospital.// La Riviere: A shocking accident occurred Saturday morning in this area when a friend of the Ambie Scharf family, hunting with two other men from Winnipeg, was accidentally shot while dragging a deer out of the bush. He was instantly killed.

November 28, 1974

Pilot Mound village council met; present were Mayor Wm. Blackburn

and councillors Dave Clarke, Ken May, Doug Waterston and Cliff Lynes.// The Captain Kenneth Young Memorial Trophy for the most proficient air cadet squadron in Manitoba and Northwestern Ontario (rural area) was won by Louise Squadron No. 793. Captain Jack Gorrell, **Squadron Commanding** Officer, accepted the trophy.// A new government program is being offered to farmers: Farm Diversification. Farmers whose gross value of production is in the range of \$5000 to \$15,000 annually are eligible.// Snowflake: congratulations to Mrs. Pat Robertson's son-in-law Reg Stow of Graysville. He won 1st place for rapeseed at the Toronto Royal Winter Fair.// Mr. & Mrs. Doug Werry and son have moved to Snowflake. Mrs. Werry (the former Lynne Duncalfe of Mather) has joined the teaching staff at Snowflake Elementary School.// Winning the Orange Lodge fiddling contest were Bill Delorme of Pilot Mound, second John Stoven of Deloraine and third Lorne Snider of Manitou. Sherwood Howard was emcee. Other musical guests were Harms Bros. from Mather, Mrs. Irene Argue of Clearwater, Eaon Sutherland of CC and Stuart Gardiner of Clearwater. A square dance ended the evening.// A 'sewing with stretch fabrics'

course will be offered at

the Kinsmen Hall. **November 28, 1984**

Rock Lake Oil Seeds Development directors Roy McLaren of Clearwater and Arnold Collins of Pilot Mound flew to Europe to continue efforts to secure alternate markets for the proposed Southern Manitoba flax seed crushing facility. Chairman Dave Reimer and director Glenn Paterson were at the Winnipeg International Airport to see the men off.// Died: Ted Hay, 36, of Delta, BC, formerly of Pilot Mound.

November 15, 1994

The First Pilot Mound Scout Troop invested its first troop of Scouts since re-organizing five years ago. Scout leaders are Alvin Jacobs and Larry Hamilton; scouts are Patrick Windsor, Owen Peterson, Randy Mayert, Lee Redpath, Eric Hamilton, Dexter Melvin, Iames Paterson, Matthew Wersch and Jeff Jacobs.// David Hogman travelled to Japan to play baseball with young people from Australia, Namibia and other countries. He got to meet Joe Dimaggio; Hank Arron was also there.// Clearwater W.I. hosted their Senior's Night Out. Entertainment was provided by young musicians from Clearwater: vocalists Brittany Dyck and Cara Bere, violinist Leigh Watkins, keyboard/pianists Fallon Vines, Claire Gardiner and Vanessa Edkins. //

Speaking of their World

War II experiences to the grade 8 and Senior 1 TGCI classes were Allan & Muriel Potter, Tim & Celia Knight and Arthur

Phone 327-3

November 30, 2004

Howard.

CC's newest business, The Wash Rack car wash held their grand opening recently. Mayor Bill McKitrick cut the ribbon with owners Jack & Suzanne Daly.// Pilot Mound District 4-H Council presented Ag. Rep. Mark Sloane with a thank you gift for the work he has done for the 4-H program - reporter Samantha Gardiner.// Snowmaking has started at Holiday Mountain Resort. In celebration of Holiday Mountain's 45th snow season, anyone who is 45 years old can purchase a season ticket for \$45.// The Schweitzer-Mauduit flax straw plant between CC and Pilot Mound is very busy. Joe Vassart is the yard foreman, Georgina

Brown is the weighmaster for all of those loads of flax straw bales. Some bales are coming from North Dakota and Sask. for milling here.// Gordon & Merle McGill celebrated their 50th wedding anniversary.

November 25, 2014

The CC Community Hall was demolished by Cal McKay Construction. The Hall was opened exactly 60 years ago.// Mark Devloo of Devloo Roto Mud Scrapers (used to remove mud from the packer wheels of seeders) donated \$5000 to the Breast Cancer Research Foundation. For each pink mud scraper he sold, he allocated \$5 to BCRF.// The Parklane Theatre in CC has a new wheelchair ramp.// Al Thorleifson of Manitou, Martin Allen of CC and Chris Lea of Kaleida have been ordained Anglican Church of Canada DeaThe Hometown View Tuesday, November 19, 2024 17

Black Jack Stewart Arena filled with young skaters

SUSAN PETERSON PHOTO



Susan Peterson

This year there are 60 members in the Rock Lake Skating Club. The younger members wear either figure or hockey skates and are taught basic skating skills such as stopping, skating backwards, how to get up from a fall and using their skate blade edges. They are so cute to watch!

Over the years, watching the young skaters progress through the different levels always impresses me. They develop their skills very quickly through these programs, and the older

age groups of figure skaters are extremely talented. Those skaters' sessions follow this one and sessions for all age groups are held on both Tuesday and Thursday, with Thursday's being held in Crystal City

Cartwright Town & Country Golf Club

Janet Humes, Secretary Cartwright Town & **Country Golf Club**

2024 Season Wrap-up

Our 2024 Season has come to an end as the course is now closed! We would like to extend a huge THANKS to all those who supported the golf course and the clubhouse throughout the season! We strive to keep our little course in great shape and we so appreciate everyone that comes to golf and utilitize the clubhouse as well!

This season, we again ran Senior Men's & Ladies leagues on Tuesday mornings/afternoons; Men's Night Wednesday evenings; Ladies night on Monday evenings; and our ever popular Friday Golf All Day Green Fees for \$10.

We hosted 7 tournaments this year and were very pleased with attendance at each - Sr. Men's x 2, Ladies Open Scramble,

Ag-Funded Men's, Mixed Best Ball, Sr. Ladies and the extremely popular 3-Man Scramble.

We were also very excited to host a Junior Clinic for ages 7-13, with Cala Korman instructing; 61 Prairie Spirit School Division Grades 7 and 8 students who enjoyed a fun 9 holes of golf and lunch; a few fun workplace tournaments, as well as collaborating with the Cartwright-Roblin RM with a Stay & Play promotion.

Along with the tournaments, we also hosted a variety of community events at the clubhouse, which continues to prove that our facility is a vital gathering place for our community. Among those events hosted were CCIS Chase the Ace, family luncheons, several senior luncheons with entertainment, card group, workplace gatherings, Steak Nights, and league windup luncheons/suppers.

We are extremely

thankful to have had great Greens Staff and Clubhouse Staff who worked tirelessly to keep things operating smoothly this season much appreciated!!

Many thanks as well to our volunteer Board of Directors who have put in countless hours assisting with day to day operations, running errands, coordinating fundraising events, submitting grant proposals, troubleshooting, etc!

Keep an eye out for our Annual General Meeting date in February. This meeting is open to the public and is YOUR chance to voice any concerns or ideas that you may have regarding the operations of the golf

We are SO grateful for all the support we received this season and we look forward to an awesome season in 2025! See you in the spring! ■

Manitoba Indigenous Sports Hall of Fame Now Accepting Nominations for 2025 Inductees nominating individuals

Submitted by **Gabrielle Wishart** Communications Coordinator

The Manitoba Indigenous Sports Hall of Fame is now accepting nominations for the class of 2025, recognizing the outstanding achievements of Indigenous athletes, coaches, and builders. This initiative is a direct response to the National Truth and Reconciliation Commission's Call to Action #87, which calls for increased recognition of Indigenous contributions in sport. The Hall of Fame aims to celebrate Indigenous excellence in sport and leadership, spotlighting those who have made lasting impacts in their communities and beyond.

Honouring Excellence in Sport and Community

Indigenous athletes, coaches, and builders have long been leaders in both sports and their communities. By

for induction, you help preserve and share their legacies, ensuring they are recognized for their dedication, perseverance, and impact. This recognition aligns with the Truth and Reconciliation Commission's efforts to amplify Indigenous voices and stories.

"The Manitoba Indigenous Sports Hall of Fame is committed to honouring the achievements of Indigenous people in sport, in alignment with TRC Call to Action #87," said Mel Whitesell, Executive Director. "This is an important step in acknowledging the pivotal role Indigenous athletes and leaders have played in shaping our sporting landscape.'

Nomination Categories

1. Athletes: Individuals who have excelled in sports at the local, provincial, national, or international level.

2. **Builders:** Those who have made significant

contributions to Indigenous sports through mentorship, advocacy, or organizing opportunities for future generations.

How to Nominate

To nominate an individual, visit www.masrchof.com/nominations for instructions and to complete the nomination form. The deadline for submissions is January 17, 2025.

About the Manitoba Indigenous Sports Hall of Fame

The Manitoba Indigenous Sports Hall of Fame honours the achievements of Indigenous athletes, coaches, and builders who have made a lasting impact on sport in Manitoba. Founded by the Manitoba Aboriginal Sports & Recreation Council Inc. (MASRC), the Hall of Fame seeks to preserve and promote Indigenous contributions to sport as part of the broader journey of reconciliation.

The Buzz

Submitted by Melissa Pearce Principal, Nellie McClung Collegiate

JV/Varsity Girls' Volleyball

The varsity girls earned themselves a spot in the league semi finals with a win against Cartwright in four sets. They won sets 1, 2 and 4 with set 3 ending in a tough loss with a score of 32-34 (normally to 25 but a team must win by 2).

This made for a match up against the first place Somerset team on Nov. 12. The first set was very close but unfortunately resulted in a loss. NMC rebounded quickly and went ahead 9-0 in the second set. Prairie Mountain however did not give up and battled their way back. The girls did not give up either and took the second set 25-23.

The next 2 sets were close but unfortunately the strong Somerset team came out on top. That ended the league play but the girls also earned a spot in the provincial qualifier in Ste. Rose on Nov. 16th in hopes of extending their season a bit longer.

The JV girls' participated in the zone tournament in Somerset.

The girls defeated Notre Dame in their first game but then lost to Prairie Mountain which pushed them to the B side. They then came back and defeated Treherne in the semi final.

The final was a rematch against Prairie Mountain. Unfortunately NMC couldn't get by the strong Somerset squad and lost the final. This concluded their season. There was a lot of growth in this team this year and they are looking forward to next season.

Varsity Boys' Volleyball

The boys had an amazing first round of playoffs last week. Going in as the underdogs they took on a strong Treherne in the quarter finals. Rylan Wubbe, Soren Reid, Hunter Doerksen, Jake Sanders and Titus Gerbrandt lead the attack with amazing hits which were set up well by setter Quinten Lyne. Damian McKay also supported the team with some game winning digs.

Coaches Mrs. Williamson and Mrs. Simon stated "the boys played together as a team and we are so proud of them." This win got the boys into a provincial qualifier in Gretna on November



16th. They then played in the semi finals against the number one team Glenboro on Nov. 12. The outcome against Glenboro was not what they wanted however there were some great plays and much improvement over the season.

Tigers Hockey

The Tigers beat Portage 5-4 on Saturday, Nov. 9th. Letters were handed out for the season and Nellie McClung's Rylan Wubbe will be an assistant captain this year.

Buzz Notes

Assiniboine College visited NMC last week to give a presentation about the Early Childcare Program which is an area where there are many job opportunities. The annual NMC Christmas Banquet will be held on Dec. 12 this year. Mark your calendars for a delicious meal put together by the families, staff and students. The boys curling team is competing in their first curling bonspiel in Morden to help them prepare for the zone tournament.



2024 PUNCH CARD PRICES 9 holes: \$110

18 holes: \$175 Pay for 5 rounds,

get the 6th FREE!

MEMBERSHIPS: Adult: \$475 Couple: \$850

Prices in effect until December 31, 2024 only!

GIFT CERTIFICATES: Full breakfast, any amount

Contact Janet: (204) 245-1204

Manitoba Represented at Martial Arts Convention

SUBMITTED PHOTOS



Hanshi John Therien introducing the instructors on the first day of classes at Capital Conquest 2024.

Submitted by Rob Nichol

November 1-3, saw more than two thousand martial artists from around the world gather in Ottawa for the annual Capital Conquest Martial Arts Convention, an opportunity to compete and learn from some of the best instructors in the world.

The weekend included competitions in sparring and katas and instruction in dozens of arts and styles by world renowned martial arts practitioners. The event is hosted every year by Hanshi John Therien, founder of the World Kobuto Federation.

Manitoba was represented by a group from Shumuna Jiu-jitsu including Kyoshi Rick Williamson of Stonewall, Sensei Doug Breckman of Winnipeg and Robert Nichol of Darlingford, as well as former Manitobans Senseis Dave Friesen and Steve Holt.

The Manitoba Judo

Federation was represented by Sensei Milton Good and Sensei Moe Oye, who at 87 years old is still teaching and was honoured over the weekend by being inducted into the Canadian Black Belt Hall of Fame. Oye Sensei led a session on several judo techniques and Kyoshi Williamson taught a class on Shumuna jiu-jitsu joint locks and restraints.

The weekend is a great opportunity for practitioners of all ages and abilities to meet and learn from some of the best martial arts instructors in the world in styles including karate, judo, jujitsu, krav maga, as well as traditional weapons and modern conflict resolution.

It is also a chance to share knowledge and skills with others and take home new skills, techniques and ideas. The sharing of knowledge allows everyone to grow in their own art and become better practitioners and world citizens. In the words of Kyoshi Williamson, "Capital Conquest is one of the most amazing Martial Arts events to be held anywhere. It is the coming together of a huge family for a weekend of sharing, learning and renewing friendships. There are no politics and everyone goes home inspired and richer for the experience."

Shumuna Jiu Jitsu has been created to offer an effective and capable system of personal protection to deal with the most probable threats today.

Sensei Breckman operates a dojo in Winnipeg and Kyoshi Williamson focuses on teaching women's personal protection. Shumuna offers clinics around Manitoba that can be tailored to specific groups wanting to learn how to best protect themselves. Shumuna Jiu Jitsu may open a dojo in the Manitou area sometime in the future.



Martial Arts representatives from Manitoba, left to right. Dave Friesen, Doug Breckman, Moe Oye, Milton Good, Rick Williamson, Rob Nichol.



A class in joint locks and restraints taught by Kyoshi Rick Williamson of Shumuna Jiu-jitsu.



A sparring competition held on day one of the convention.



Manitou Curling Club Annual General Meeting

Mon. Dec. 2, 7 p.m. Manitou Curling Club

All members welcome and encouraged to attend!



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PMHA News Release Submitted by Gordie Tumilson, Marketing Manager

First thing this week, Pilot Mound Hockey Academy is proud to acknowledge U17 male Head Coach Rick McConnell as "Coach of the Month." He has been coaching for 10 years in the highly competitive, 30 team, CSSHL. Well done, Rick!

In other "Beating the Real Enemy" news - don't

Two REALLY Good Things

you just find it heart-warming, caring, really pertinent and just plain ABSOLUTELY RIGHT, that organizations put their time, energy and money into supporting trying to defeat a horrible disease.?

That's what went on at the Black Jack Stewart (BJS) Arena in Pilot Mound all last weekend (Nov 15-17) as the Academy teams played 9 home games in support of cancer research!

Through the Academy's efforts another opportunity was had by all in our community to support Hockey Fights Cancer and Cancer Care Manitoba Foundation.

What a marvellous way

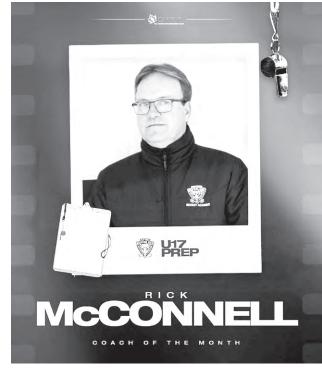
for one of the town's largest employers to promote this heart-felt and necessary series of games and events. We appreciate all of those who supported this never ending effort and to our own PMHA players staff and owners to committing so strongly to the great cause!

In the meantime, both our players & team successes are well documented for everyone to see on our website: www. pilotmoundhockeyacademv.com

You can also see all four teams' games on either of these streaming services - FloTV, LiveBarn or our own PMHA YouTube Channel. Finally check out our weekly Buffaloes podcast at GShow.ca

Upcoming games for the weekend of Nov 22-24 you will find our U15 Buffaloes in Wilcox, SK to play the arch rival ND Hounds. The U18 males at BJS Arena and our U18 females at a showcase in Calgary. While the U17 males have a well earned weekend off. Check the website and all social media platforms for game details.

CSSHL news release: The CSSHL is excited to announce the three winners of the Coaches of the Month Award for October: FX Girard, Kris Hogg and Rick McConnell.



Congratulations to our Male U17 Prep Head Coach, Rick McConnell, on being named Canadian Sport School Hockey League (CSSHL) Coach of the Month for October!
#FearTheBuffs



Compiled by Nancy Holman

Pembina Tigers

The Pembina Tigers had a home game in Holland Saturday, November 9 against the Portage Collegiate Trojans. Rylan McDonald, assisted by Easton Lounsbury, put the Tigers on the scoreboard first.

Carter Leslie, from Brad

Sloane and Lounsbury, made it 2-0. Portage fought back with a goal to end the first period, then added another late in the second to tie the game at 2. The Tigers took advantage of a power play when Rowen Kitching (Tegan Follis, Dwight Sawatzky) scored to put the Tigers up 3-2

In the third period, Captain Sloane notched a power play goal, from Jason Park and Tucker Mangin to increase the lead 4-2. Parker Grice, from Leslie and Lounsbury made it 5-2 for the Tigers. Then the Tigers got into penalty trouble as the third frame was winding down: Portage scored one pp goal, then a minute later another. 5-4 Tigers. The Pembina Tigers were able to hold on for the victory. Jamie Park faced 15 shots in the Tigers' net while the Portage goalie was a bit busier facing 29 shots.

The Pembina Tigers' next game went last night (Monday, November 18) against the Morden Thunder. The next home game is in Manitou Thursday, November 21 against the Miller Aces of Altona.

ZiliE

Tiger Hills Hockey League

Nancy Holman

Friday, November 8 the Killarney Shamrocks blasted the Souris Elks 12 to 2. Good thing former Cartwright Clippers joined the team as Ty Enns and Bryan Enns each notched 2 goals and two assists for 4 point nights. Former Wawanesa Jet Mike Reykdal added a goal and an assist. The poor Souris goalie was peppered by 60 shots while Evan Svoboda, in the Killarney net, faced

Saturday, November 16 Minnedosa was in Killarney. Minnedosa Bombers netted the only goal of the first period, then went up 2-0 early in the second with a power play goal. Then Killarney got on the scoreboard with 3 goals (a goal and an assist to Ty Enns). Another Minnedosa pp goal tied it at 3. In the third frame Ty Enns scored again but a minute later Minnedosa tied it up. The game went into OT but there was no scoring. Killarney eventually won it in the shootout! Brian Archibald was in net for the win facing 34 shots while Jason Argue in the Minnedosa net faced 54 (not counting the shoot-out).

The Shamrocks play in Rivers November 23rd and in Virden on Thursday, November 28.

Virden Oil Kings are going to be a tough team to beat. Last season the Oil Kings had number two scorer in the League Ty Lewis (50 points in 11 games) and number 3 Devon LeBlanc (49 points in 14 games). Those two are back this year with former pro Derek LeBlanc joining his brother on the team. Rounding out the fire power are the "standouts" Jason and Brad Bowles from the now defunct Miniota-Elkhorn C-Hawks (for this season, anyway). Brad Bowles was number 1 scorer last year with 61 points in 17 games while ĥis brother Jason was 4th with 49 points in 18

Killarney Shamrocks are scheduled to play a home game in the Clipperdome at Cartwright on Friday, December 6.

AT THE RINKS

Subject to change without notice

CRYSTAL CITY ARENA

Friday, Nov. 22 7 p.m. U11 game Sunday, Nov. 24 1 pm. Public Skating 5 p.m. U13 game

Public Skating Wednesdays 5 p.m.

MAC ROBINSON COMMUNITY CENTRE (CARTWRIGHT)

Friday, Nov. 22 5 p.m. Public Skating Saturday, Nov. 23 U7 Tournament

Sunday & Monday, Nov. 24 & 25

1 p.m. Public Skating 2:30 p.m. Stick Time

MANITOU COMMUNITY ARENA

Thursday, Nov. 21
7 p.m. Pembina Tigers game vs Altona
Friday, Nov. 22

5:00 p.m. U11 game vs Morden Black **Saturday, Nov. 23**

10 a.m. U15 vs Brandon Noon U9 vs. Elm Creek 2 p.m. U11 game vs Morden Red 4 p.m. U13 game vs St. Eustache 6:15 p.m. U18 boys game vs Rat River

Sunday, Nov. 24 1-3 p.m. Public Skating

1-3 p.m. Public skating 3 p.m. U13 AA game vs Thrashers GreySaturday, Nov. 23 Noon U9 vs. Elm Creek

2 p.m. U11 game vs Morden Red 4 p.m. U13 game vs St. Eustache 6:15 p.m. U18 boys game vs Rat River

Sunday, Nov. 24 1-3 p.m. Public Skating

3 p.m. U13 AA game vs Thrashers Grey

PMMRC: BLACK JACK STEWART ARENA Friday, Nov. 22

7 p.m. PMHA Male U18 vs RHA Wpg **Saturday, Nov. 23** U11 Bronze tournament

Sunday, Nov. 24 3 p.m. U11 Bronze game Wednesday, Nov. 27

7:30 p.m. U11 Bronze game vs Manitou

Sports Bits

Nancy Holman

Winnipeg Blue Bomb**ers** made it to the last 5 Grey Cups, winning two and now losing three. They blew it again this year - losing 41 to 24 to the underdogs Toronto Argos. Blue Bomber Brady Oliveira, 27, is the CFL's Most Outstanding Player AND the Most Outstanding Canadian. Oliveira grew up in Winnipeg and is living his dream of playing football in front of his hometown

In curling, Team Manitoba, Ryan Wiebe, Shaela Hayward, Ty Dilello and Jennifer Clark-Rouire, lost in the bronze medal game to Alberta at the Canadian Mixed Curling Championship.

On November 14th,

Edmonton Oilers' superstar Connor McDavid scored his 1000th career point in his 659th NHL game. 99 other players have hit that milestone, but only Wayne Gretzky (424 games), Mario Lemieux (513) and Mike Bossy (656) have achieved that 1000th point in fewer games. McDavid scored his first goal in his NHL career back in October of 2015 (his third NHL game).

In the Rivalry Series between Canada's National Women's Hockey team and the United States, Canada lost the first game 7-2, won the next game in a shoot-out, then won the third game 4-1. the rest of the series goes in February.

KID'S HELP LINE:

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